

A guide to *CINAHL Plus*

What is CINAHL Plus?

CINAHL (the Cumulative Index to Nursing and Allied Health) is a database that lists articles related to nursing and the allied health disciplines from 1982 to the present. Some references for book chapters, dissertations, selected conference proceedings, standards of professional practice, educational software, and audiovisuals are also included.

What can I do with it?

You can use this database to identify articles about nursing and the allied health disciplines including medical records, physical and occupational therapy, medical/laboratory technology and respiratory therapy. Some journals are also included that deal with consumer health, biomedicine, and health sciences librarianship.

How do I get to it?

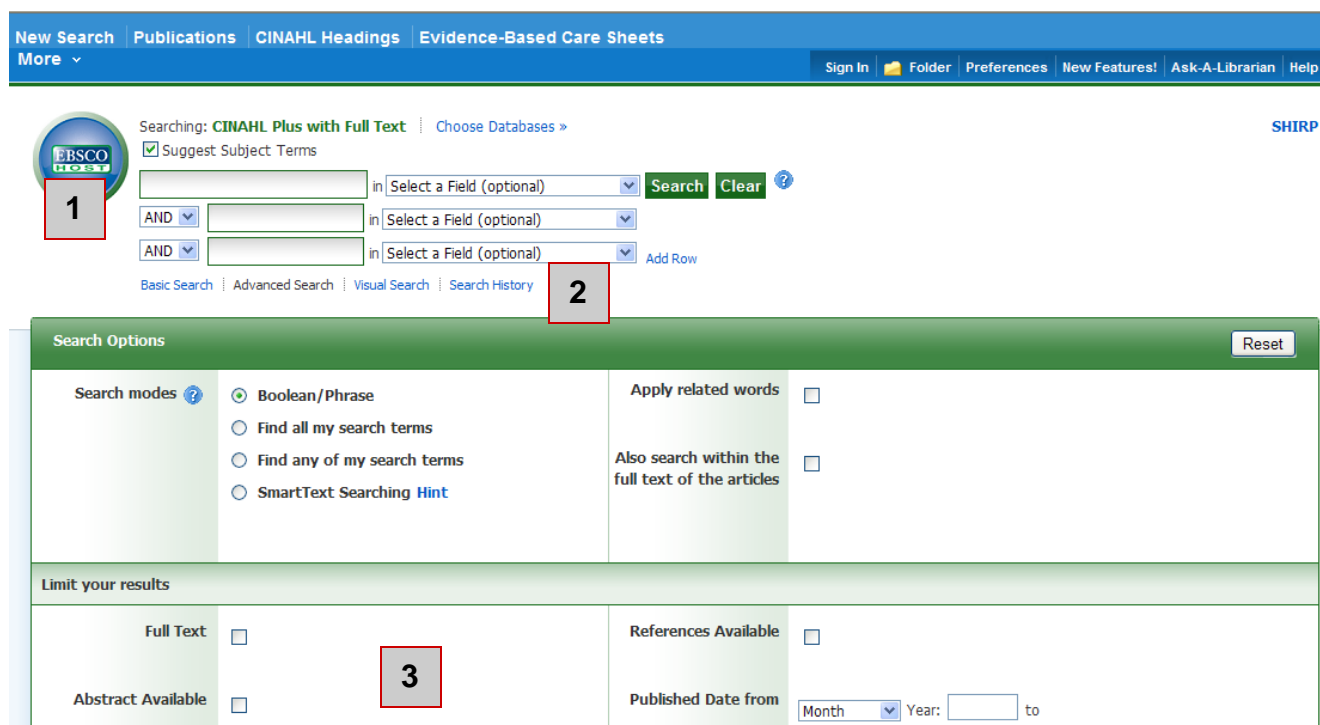
To get to CINAHL Plus:

- 1) Go to www.shirp.ca
- 2) Click on the "Search for articles on your topic" link under the heading "Find an Article"
- 3) Scroll down the page until you see "CINAHL Plus with full text" in the alphabetical list
- 4) Click on the heading above the description
- 5) If you are accessing this database from outside a health region facility, you may be asked to log in if you have not done so already.



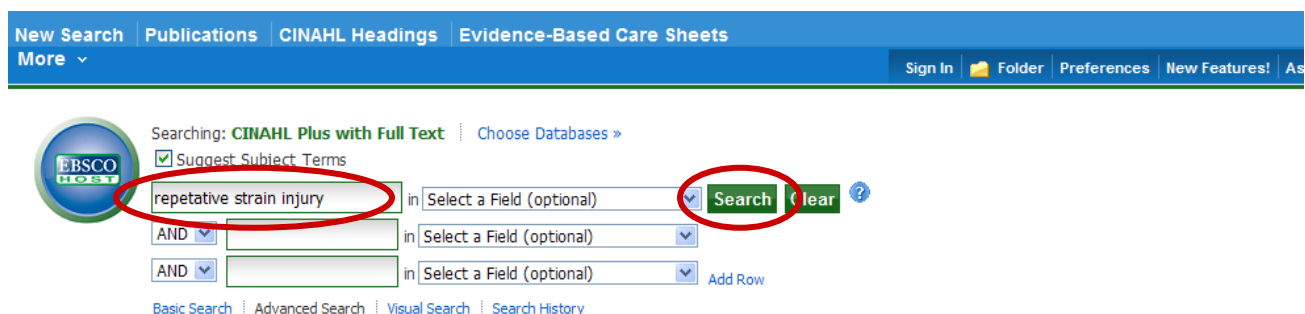
The main search screen for CINAHL Plus has three key features:

1. **Search boxes:** for searching for articles by keyword. It is usually a good idea to make sure the “Suggest Subject Terms” box is checked.
2. **Search History:** lists what you’ve looked for and how many results you got. This is where you combine searches to narrow down your search.
3. **Limits:** lets you narrow down your results to items that fit specific criteria, such as year of publication.



This example illustrates a step-by-step approach to searching CINAHL Plus for articles on **the development of repetitive strain injuries following regular computer usage**. It is usually a good idea to look for different concepts one at a time, and link them in the Search History later on.

Make sure the “Suggest Subject terms” box is checked, then type the term you are looking for —*repetitive strain injury*— in the search box, and click the “Search” button.



A list of subjects will come up that could be a match for your term. Check the boxes beside the terms that best fit what you are looking for; when you do, you will see a list of subheadings in a blue column to the right. You can choose specific subheadings to narrow down your results, otherwise the computer will look for all of them. If there are no suitable subject terms, check the “Search as Keyword” box at the bottom of the list.

After you’ve made your selection, click on the “Search Database” button on the right.

Results For: repetative strain injury

Subheadings for: Cumulative Trauma Disorders

Search Database

Check box to view subheadings. Click linked term for tree view.

Explose (+) Major Concept Scope

Cumulative Trauma Disorders

Injuries, Repetition Strain Use: [Cumulative Trauma Disorders](#)

Repetition Strain Injuries Use: [Cumulative Trauma Disorders](#)

Injury Repetition Strain Use: [Cumulative Trauma Disorders](#)

Repetition Strain Injury Use: [Cumulative Trauma Disorders](#)

Abdominal Injuries

Aerobics Injuries

Ankle Injuries

Anterior Cruciate Ligament Injuries

Aquatic Sports Injuries

Arm Injuries

Athletic Injuries

Back Injuries

Baseball Injuries

Basketball Injuries

repetative strain injury (Search as Keyword)

Include All Subheadings

Or select on or more subheadings to restrict your search

Blood/BL

Cerebrospinal Fluid/CF

Classification/CL

Complications/CO

Diagnosis/DI

Diet Therapy/DH

Drug Therapy/DT

Economics/EC

Education/ED

Embryology/EM

Epidemiology/EP

Ethical Issues/EI

Ethnology/EH

Etiology/ET

Familial And Genetic/FG

History/HI

Immunology/IM

Legislation And Jurisprudence/LJ

Metabolism/ME

Search Term Explose (+) Major Concept

Cumulative Trauma Disorders

The results of the search are listed in a new screen. Clear the search box and repeat the process with the next concept, *computer usage*. Make sure the “Suggest Subject Term” box is checked before you click on the “Search” button.

More

Sign In Folder Preferences New Features!

Searching: CINAHL Plus with Full Text | Choose Databases »

Suggest Subject Terms

(MH "Cumulative Trauma Disorders") in Select a Field (optional) Search Clear

AND in Select a Field (optional)

AND in Select a Field (optional) Add Row

Basic Search | Advanced Search | Visual Search | Search History

Page: 1 2 3 4 5 Next Date Descending Sort Page Options Alert / Save / Share

1551 Results for...

Refine your results

Full Text

1. Sustainable MSD prevention: management for continuous improvement between prevention and production. Ergonomic intervention in two assembly line companies.

Caroly S; Coutarel F; Landry A; Mary-Cheray I; Applied Ergonomics, 2010 Jul; 41 (4): 591-9 (journal article) ISSN:

The best subject term for *computer usage* is *Computers and Computerization*. Select it, and then click on the “Search Database” button.

The screenshot shows the EBSCO CINAHL Plus with Full Text interface. At the top, there are navigation tabs: "New Search", "Publications", "CINAHL Headings", and "Evidence-Based Care Sheets". Below these, there are links for "Sign In", "Folder", "Preferences", "New Features!", "Ask-A-Librarian", and "Help". The main header area includes the EBSCO logo and the text "Database: CINAHL Plus with Full Text" with a help icon. Below this, there are links for "Basic Search", "Advanced Search", and "Visual Search".

The main content area is titled "Results For: computer usage" and "Subheadings for: Computers and Computerization". On the left, there is a table of subheadings with columns for "Explose (+)", "Major Concept", and "Scope". The subheading "Computers and Computerization" is checked and circled in red. Other subheadings include "Attitude to Computers", "Computers, Hand-Held", "Computers, Portable", "Computers, Mainframe", "Computer Memory", "Computing Methodologies", and "Cardiac-Gated Single-Photon Emission Computer-Assisted Tomography".

On the right, there is a "Search Database" button circled in red. Below it, there is a search term input field containing "Computers and Computerization" with checkboxes for "Explose (+)" and "Major Concept".

The computer performs the search and lists the results. You will add the two searches together using the search history. To get to the Search history, click on the “Search History/Alerts” link just above your list of results.

The screenshot shows the EBSCO CINAHL Plus with Full Text interface displaying search results. At the top, there are navigation tabs: "New Search", "Publications", "CINAHL Headings", and "Evidence-Based Care Sheets". Below these, there are links for "Sign In", "Folder", "Preferences", "New Features!", "Ask-A-Librarian", and "Help". The main header area includes the EBSCO logo and the text "Searching: CINAHL Plus with Full Text" with a "Choose Databases" link. Below this, there are links for "Suggest Subject Terms", "Basic Search", "Advanced Search", "Visual Search", and "Search History" (circled in red).

The search criteria are displayed as "(MH 'Computers and Computerization') in Select a Field (optional)". Below this, there are two "AND" search rows, each with a text input field and a "Select a Field (optional)" dropdown. An "Add Row" button is located to the right of the second row.

The search results are displayed on a page titled "Page: 1 2 3 4 5 Next". The first result is "1. Visual contents adaptation for colour vision deficiency using customised ICC profile." with a PDF icon. The result includes the following information: "(includes abstract); Jang YG; Choi HI; Hong KS; Disability & Rehabilitation: Assistive Technology, 2010 Jul; 5 (4): 258-65 (journal article - pictorial, research, tables/charts) ISSN: 1748-3107 PMID: 20528103 CINAHL AN: 2010683187 Subjects: Assistive Technology Devices; Color Vision Defects Database: CINAHL Plus with Full Text".

On the left side, there is a "Refine your results" section with checkboxes for "Full Text", "References Available", and "Abstract Available". Below this, there is a "Publication" filter with a dropdown menu showing "1971" and "2010".

Clear your previous search from the search box at the top of the page.

Searching: CINAHL Plus with Full Text | Choose Databases >
 Suggest Subject Terms
(MH "Computers and Computerization") in Select a Field (optional) Search Clear
AND in Select a Field (optional)
AND in Select a Field (optional) Add Row
Basic Search | Advanced Search | Visual Search | Search History

Search History/Alerts				
Print Search History Retrieve Searches Retrieve Alerts Save Searches / Alerts				
<input type="checkbox"/> Select / deselect all				
Search with AND Search with OR Delete Searches Refresh Search Results				
Search ID#	Search Terms	Search Options	Actions	
<input type="checkbox"/> S2	(MH "Computers and Computerization")	Search modes - Boolean/Phrase	View Results (6094)	View Details Edit
<input type="checkbox"/> S1	(MH "Cumulative Trauma Disorders")	Search modes - Boolean/Phrase	View Results (1551)	View Details Edit

Check the boxes beside the searches you want to combine together and click on "Search with AND".

More > Sign In Folder Preferences New Features! Ask-A-Librarian Help

Searching: CINAHL Plus with Full Text | Choose Databases >
 Suggest Subject Terms
in Select a Field (optional) Search Clear
AND in Select a Field (optional)
AND in Select a Field (optional) Add Row
Basic Search | Advanced Search | Visual Search | Search History

Search History/Alerts				
Print Search History Retrieve Searches Retrieve Alerts Save Searches / Alerts				
<input checked="" type="checkbox"/> Select / deselect all				
Search with AND Search with OR Delete Searches Refresh Search Results				
Search ID#	Search Terms	Search Options	Actions	
<input checked="" type="checkbox"/> S2	(MH "Computers and Computerization")	Search modes - Boolean/Phrase	View Results (6094)	View Details Edit
<input checked="" type="checkbox"/> S1	(MH "Cumulative Trauma Disorders")	Search modes - Boolean/Phrase	View Results (1551)	View Details Edit

Page: 1 2 3 4 5 Next Date Descending Sort Page Options Alert / Save / Share >>

6094 Results for... Refine your results

1. Visual contents adaptation for colour vision deficiency using customised ICC profile.

The search is added to the search history and the results are listed below.

Search History/Alerts

Print Search History | Retrieve Searches | Retrieve Alerts | Save Searches / Alerts

Select / deselect all **Search with AND** **Search with OR** **Delete Searches** **Refresh Search Results**

Search ID#	Search Terms	Search Options	Actions
<input type="checkbox"/> S3	S1 and S2	Search modes - Boolean/Phrase	View Results (44) View Details Edit
<input type="checkbox"/> S2	(MH "Computers and Computerization")	Search modes - Boolean/Phrase	View Results (6094) View Details Edit
<input type="checkbox"/> S1	(MH "Cumulative Trauma Disorders")	Search modes - Boolean/Phrase	View Results (1551) View Details Edit

Page: 1 2 3 4 5 Next Date Descending Sort Page Options Alert / Save / Share

44 Results for...

Refine your results

- Full Text
- References Available
- Abstract Available

1. [The effect of idle time thresholds on computer use time estimations by electronic monitoring.](#)

(includes abstract); Yeh J; Liang H; Hwang Y; Ergonomics, 2009 Jul; 52 (7): 872-81 (journal article - pictorial, research, tables/charts) ISSN: 0014-0139 PMID: 19562597 CINAHL AN: 2010337593
 Subjects: Computers and Computerization; Time Factors; Adult: 19-44 years; Female; Male
 Database: CINAHL Plus with Full Text

When you look at the results you will notice that some results have a direct link to the article. If there is a full text link for the article you are interested in, click on it to bring up the article. If there is no full text link available, click on the yellow "Find it!" button to find out if we have a subscription to the journal.

3. [Computer mouse use predicts acute pain but not prolonged or chronic pain in the neck and shoulder.](#)

(includes abstract); Andersen JH; Harhoff M; Grimstrup S; Vilstrup I; Lassen CF; Brandt LP; Kryger AI; Overgaard E; Hansen KD; Mikkelsen S; Occupational & Environmental Medicine, 2008 Feb; 65 (2): 126-31 (journal article - research) ISSN: 1351-0711 PMID: 17681996 CINAHL AN: 2009800282
 Subjects: Computers and Computerization; Neck Pain; Occupational Diseases; Shoulder Pain; Work; Adult: 19-44 years; Female; Male
 Database: CINAHL Plus with Full Text

[Add to folder](#) Times Cited in this Database: (1)

[Find it!](#)

4. [A multi-method study evaluating computing-related risk factors among college students.](#)

Menéndez CC; Amick BC III; Jenkins M; Janowitz J; Rempel DM; Robertson M; Dennerlein JT; Chang C; Katz JN; Work, 2007; 28 (4): 287-97 (journal article - research, tables/charts) ISSN: 1051-9815 PMID: 17522450 CINAHL AN: 2009615548
 Subjects: Computers and Computerization; Cumulative Trauma Disorders; Ergonomics; Posture; Students, College; Adult: 19-44 years; Female; Male
 Database: CINAHL Plus with Full Text

Show all 9 images

<p>Author(s) Menéndez CC; Amick BC III; Jenkins M; Janowitz J; Rempel DM; Robertson M; Dennerlein JT; Chang C; Katz JN</p> <p>Editor(s) N/A</p> <p>Journal Title Work</p> <p>Volume 28</p> <p>Issue 4</p> <p>Page(s) 287-97</p> <p>Year 2007</p> <p>ISSN 1051-9815</p> <p>PMID 17522450</p> <p>CINAHL AN 2009615548</p> <p>Database CINAHL Plus with Full Text</p>	<p>Subject(s) Computers and Computerization; Cumulative Trauma Disorders; Ergonomics; Posture; Students, College; Adult: 19-44 years; Female; Male</p>	<p>Language(s) English</p> <p>Document Type Journal Article</p> <p>Availability Full Text Available</p> <p>Accession Number 2009615548</p> <p>Source CINAHL Plus with Full Text</p>	<p>Abstract The purpose of this study was to evaluate the prevalence of self-reported musculoskeletal symptoms and associated risk factors among college students. A multi-method approach was used, including a survey, focus groups, and a laboratory study. The survey identified the prevalence of symptoms and risk factors. Focus groups explored the experiences of students with symptoms. The laboratory study measured the physical demands of computer use. The results of the survey and laboratory study are presented in this article.</p>
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[Add to folder](#) Cited References: (24)

[PDF Full Text](#)

When you click on the “Find it!” button, a new window will open, If we have a subscription to the journal, you will see a message saying that full text is available. Click on the link to bring up the journal.



Title: Computer mouse use predicts acute pain but not prolonged or chronic pain in the neck and shoulder.
Source: Occupational and Environmental Medicine [1351-0711] Andersen yr:2008 vol:65 iss:2 pg:126

Full text available via Highwire Press British Medical Journal Publishing Group
Available from 1944

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The article will come up.

The screenshot shows the journal's website interface. At the top, there is a search bar and navigation links for BMJ, BMJ Journals, BMJ Careers, BMJ Learning, BMJ Evidence Centre, and BMJ GROUP. The main header features the journal title 'OCCUPATIONAL AND ENVIRONMENTAL MEDICINE' and a sub-header 'An international peer-reviewed journal in all aspects of occupational & environmental medicine'. Below this are navigation tabs for 'Online First', 'Current issue', 'Archive', 'About the journal', 'Submit a paper', 'Subscribe', and 'Help'. A secondary row of tabs includes 'Online First', 'Current issue', 'Archive', 'Supplements', 'eLetters', 'Topic collections', 'Education', and 'RSS'. The breadcrumb trail reads 'Home > Volume 65, Issue 2 > Article'. The article information is displayed as 'Occup Environ Med 2008;65:126-131 doi:10.1136/oem.2007.033506'. The article is identified as an 'Original article' with the title 'Computer mouse use predicts acute pain but not prolonged or chronic pain in the neck and shoulder'. The authors listed are J H Andersen¹, M Harhoff², S Grimstrup², I Vilstrup¹, C F Lassen³, L P A Brandt⁴, A I Kryger^{3,5}, E Overgaard¹, K D Hansen⁶, and S Mikkelsen³. There is a link for 'Author Affiliations'. The article was accepted on 19 July 2007 and published online first on 6 August 2007. The abstract begins with 'Background: Computer use may have an adverse effect on musculoskeletal outcomes. This study assessed the risk of neck and shoulder pain associated with objectively recorded'. On the right side, a 'This Article' section offers options to view the 'Abstract', 'Full text', and 'PDF', all marked as 'Free'. Below this, it lists 'All Versions of this Article' with the identifier 'oem.2007.033506v1' and '65/2/126 most recent'. A 'Services' section provides various options: 'Email this link to a friend', 'Alert me when this article is cited', 'Alert me if a correction is posted', 'Alert me when eletters are published', 'Similar articles in this journal', 'Similar articles in PubMed', 'Add article to my folders', 'Download to citation manager', and 'Request permissions'.

If we do not have a subscription to the journal you need, clicking on the “Find it!” button will bring up a new window with a link to request the article. Click on the link to get to an online request form.



Title: Computer use associated with poor long-term prognosis of conservatively managed lateral epicondylalgia.
Source: The Journal of orthopaedic and sports physical therapy [0190-6011] EJ yr:2004 vol:34 iss:12 pg:770

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* Your Name	<input type="text"/>
* Health Region or Organization	<input type="text"/>
* Daytime Phone	<input type="text"/>
* Your Email Address	<input type="text"/>
Genre	article
Article Title	Computer use associated
Journal	The Journal of orthopaedic
Abbrev	JOURNAL OF ORTHOPAED
Author Name	EJ, W
PubliPlace	LaCrosse, Wis.
Publisher	Orthopaedic and Sports M
Year	2004
Month	12
Day	1
Volume	34
Issue	12
Pages	770
ISSN	0190-6011
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